

Revealing, Recognising, Rewarding Positive Role Models

YOPEY – the Young People of the Year charity

Woodfarm Cott, Bury Rd, Stradishall, Newmarket CB8 8YN
01440 821654 • Founder & your main contact Tony Gearing 07711255675
website www.youngpeopleoftheyear.org • email hello@youngpeopleoftheyear.org

Dear YOPEY Befrienders...

For 2016-17 you will earn

Bronze YOPEY Befriender certificate for 10 hours of volunteering
Silver YOPEY Befriender certificate for 20 hours of volunteering
Gold YOPEY Befriender certificate for 30 hours of volunteering
Platinum YOPEY Befriender certificate for 40 hours of volunteering
Platinum Star YOPEY Befriender certificate for 50 hours of volunteering

We also have a **Life Story certificate** if you do a life story on a resident without dementia, and a **Dementia Life Story certificate** if you do a life story on a resident with dementia. There are no time qualifications for these certificates but we do expect them to be done to the best of your ability, to involve a reasonable amount of time and to be pleasing to the resident's family and/or carers.

We also have a **Special certificate** for any YOPEY Befriender who does something special in the care home, such as taking a pet to visit residents (always clear this with the home's management first), leading a singsong, organising a party etc.

After each visit don't forget to record your visit on the mobile phone website yopeyfriends.org.uk by clicking on Submit activity at the top of the home page and then clicking on Record of Commitment in the centre of that page. This will open up a form which requires you to input the same information after each visit. We apologise that this is a bit repetitive but it still only takes minutes.

If you give more than cursory information in the field
What did you do and who with ?

It's this information that we use to decide whether or not you deserve a Special certificate.

We also seek donations of gifts that we can give to YOPEY Befrienders. In the past year we have been donated and given to deserving YOPEY Befrienders **gym memberships** and **cinema tickets**. If you know a senior person in a business that might like to donate rewards for YOPEY Befrienders, please put let us have their name and contact details.

YOPEY HQ 01440 821654 Founder Tony Gearing 07711255675
hello@yopey.org

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